

**STEPPING STONES COUNSELING CENTER, LLC**  
**INFORMED CONSENT**  
**HSS 94.03**

It is required that clients of Stepping Stones Counseling Center are completely informed as to the nature of the treatment they are receiving according to Patient's Right HSS 94.03 (1), (2), and (3).

1. The benefits of the proposed treatment are meant to improve the client's functioning as related to the presenting problem.
2. The treatment is to be administered in a humane manner, always respectful of the individual client.
3. The expected side effects of the treatment will be discussed with the client. The expected side effects of any medication prescribed by a physician for the presenting problem will be discussed with the physician.
4. When alternative treatment methods are available for the presenting problem, they will be discussed with the client. Stepping Stones Counseling Center makes no claim that any memory, image or thought obtained or utilized will be factual.
5. The probable consequences of not receiving proper treatment for the presenting problem will be discussed so the client is aware of them.
6. The informed consent for treatment is effective for 15 months from the date of signature.
7. The client has a right to withdraw this informed consent at any time, in writing.

By signing this form, I hereby acknowledge that I have received a copy of the Client's Rights Information at Stepping Stones Counseling Center, LLC and have access to a copy of the Grievance Procedure. I understand the services to be provided to me and the cost of such services. I consent to the treatment offered.

I understand that Stepping Stones Counseling Center, LLC is a private, outpatient, mental health clinic. I confirm that participating voluntarily upon referral of my primary care physician or the consulting physician of Stepping Stones Counseling Center, LLC. I may discontinue services at any time. The therapists also may discontinue services or refer the client to another setting if a more structured level of care is required.

Stepping Stones Counseling Center, LLC is primarily open during weekdays, Monday through Friday. On occasion, Saturday and Sunday appointments may be available as needed. Costs of services are provided to the client in the initial paperwork. There will be no follow-up by Stepping Stones Counseling Center, LLC following discharge; however, clients are welcome to return or re-enter treatment at any time. I understand that I have a right to request a meeting with the consulting physician or psychologist.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Witness \_\_\_\_\_ Date \_\_\_\_\_